



For professionals and practitioners, organizations and the general public:

CONFERENCE 1 : WHAT YOU SHOULD KNOW ABOUT ALZHEIMER'S DISEASE

- Lecture on the warning signs, progression and risk factors of Alzheimer's disease.
- Learn how to reduce some of the risk factors and find out how the Alzheimer Society of Montreal's services can help you.

CONFERENCE 2 : AN INTRODUCTION TO ALZHEIMER'S DISEASE AND COMMUNICATION STRATEGIES

Lecture on common questions about Alzheimer's disease and neurocognitive disorders followed by an introduction to strategies for responding to changes in communication and behaviour.

CONFERENCE 3 : VISITING SOMEONE WITH ALZHEIMER'S: WHAT YOU SHOULD KNOW

Lecture on Alzheimer's disease and neurocognitive disorders with practical tips for visiting someone with the disease. The speaker will provide participants with tips for optimizing time spent with a person with a neurocognitive disorder.

CONFERENCE 4 : CARING FOR THE CAREGIVER

- A discussion about the role of caregivers and how to support them and help reduce their stress.
- Caregivers, family members and friends are welcome.

CONFERENCE 5 : AMBIGUOUS LOSS

- Issues of grief and loss are among the most difficult to deal with when caring for someone with Alzheimer's disease or another neurocognitive disorder. Ambiguous loss differs from loss following a death in that closure is impossible while the person is still alive.
- Fortunately, understanding loss and grief, as well discovering available strategies, can help mitigate the effects of the disease.

Duration: 1 hour 30 minutes per conference

PRICE

200 \$ (excluding administration & transportation fees)

LOCATION

In person or videoconference

LANGUAGE

French or English