

PUBLIC LECTURES



Educational Services Éducatifs

For professionals and practitioners, organizations and the general public:

CONFERENCE 1 : WHAT YOU SHOULD KNOW ABOUT ALZHEIMER'S DISEASE

Lecture on the warning signs, progression and risk factors of Alzheimer's disease. Learn how to reduce some of the risk factors and find out how the Alzheimer Society of Montreal's services can help you.

CONFERENCE 2 : AN INTRODUCTION TO ALZHEIMER'S DISEASE AND COMMUNICATION STRATEGIES

Lecture on common questions about Alzheimer's disease and neurocognitive disorders followed by an introduction to strategies for responding to changes in communication and behaviour.

CONFERENCE 3 : VISITING SOMEONE WITH ALZHEIMER'S: WHAT YOU SHOULD KNOW

Lecture on Alzheimer's disease and neurocognitive disorders with practical tips for visiting someone with the disease. The speaker will provide participants with tips for optimizing time spent with a person with a neurocognitive disorder.

CONFERENCE 4 : CARING FOR THE CAREGIVER

A discussion about the role of caregivers and how to support them and help reduce their stress. Family and friends are welcome.

CONFERENCE 5 : AMBIGUOUS LOSS

Issues of grief and loss are among the most difficult to deal with when caring for someone with Alzheimer's disease or another neurocognitive disorder. Ambiguous loss differs from loss following a death in that closure is impossible while the person is still alive.

Fortunately, understanding loss and grief can help mitigate the effects of the disease.

One-hour session (including the question period)

PRICE

200 \$

LOCATION

In person at the offices of the Alzheimer Society of Montreal or on Zoom

LANGUAGE

French or English

CONTACT US

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 **514 369-0800**