



**The McGill University Research Centre for Studies in Aging (MCSA)
Education Committee Presents:**

BRAINY BOOMERS LECTURE SERIES

We are pleased to announce that our Brainy Boomers Lecture Series will continue to take place online using Zoom!

LECTURES



**"TechServeTo's
Zoom Workshop" (English)**

Tuesday, September 1st, 2020
(12:00-1:00 p.m.)
TechServe TO

"This workshop will provide an in-depth tutorial covering how to set up zoom, login to zoom, make a zoom call, use basic zoom-specific functions, and schedule a zoom meeting."



"Perceived Social Isolation and Its Impact on the Human Social Brain" (English)

Tuesday, September 15th, 2020
(12:00-1:00p.m.)

Dr. Danilo Bzdok, MD, PhD

"Identifying pressing questions in medical imaging and health, reframing them as statistical learning problems, and translating new insight into biomedicine."



"Laughter for the Health of it" (English)

Tuesday, September 22nd, 2020
(12:00 – 1:00 p.m.)

Sylvie Dagenais-Douville

"Laughter Yoga is based on a scientific fact that the body cannot differentiate between fake and real laughter. One gets the same physiological and psychological benefits."



"Le Deuil Blanc" (French)

Wednesday, September 23rd, 2020
(12:00 - 1:00 p.m.)

Maude Sigouin-Lacoste

"Le deuil blanc diffère du deuil suivant un décès, car sa résolution complète est impossible tant que la personne est encore en vie. Heureusement, la compréhension de la perte et du deuil peut aider à atténuer les effets de la maladie."



"Aging Gracefully" (English)

Tuesday, September 29th, 2020 (12:00-1:00 p.m.)

Dr. Dolly Dastoor, PhD

"Adding years to our life bring its own challenges, and now let us discuss how to navigate Aging Gracefully!"

HOW TO REGISTER FOR THE ZOOM LECTURES?

CLICK ON THE LINK:

<http://CMEV.eventbrite.com>

If you have any questions please email:

brainy.boomer-mcsa@mcgill.ca

or call 514-761-6131 X 6308

