



McGill

Centre intégré
universitaire de santé
et de services sociaux
de l'Ouest-de-
l'Île-de-Montréal

Québec 



**The McGill University Research Centre for Studies in Aging (MCSA)
Education Committee Presents:**

BRAINY BOOMERS LECTURE SERIES

We are pleased to announce that our Brainy Boomers Lecture Series will continue to take place online using Zoom!

LECTURES



“Rire c’est Sérieux” (French)

Tuesday, June 23, 2020 (12:00-1:00 p.m.)
Sylvie Dagenais-Douville
“‘Master trainer’ de Yoga du Rire”



“Nouveau test pour le diagnostic” (French)

Tuesday, June 30, 2020 (12:00-1:00p.m.)
Dr. Serge Gauthier, C.M., C.Q., MD, FRCPC
“Nouveaux médicaments contre la protéine tau”



“Ambiguous Grief” (English)

Tuesday, July 7, 2020 (12:00 – 1:00 p.m.)
Teresa Anuza, B.A., M.A.
“The feeling of loss and grief is one of the most significant issues that arise when supporting people, particularly people with Alzheimer’s disease or a related neurocognitive disorder.”



“Ma GénétiqueMa Santé!” (French)

Tuesday, July 14, 2020 (12:00-1:00 p.m.)
Laura Robb, MSc, CGC
“Et si la génétique vous en apprendait plus sur votre santé?”



“Telemedicine Today” (English)

Wednesday, July 22, 2020 (12:00 –1:00p.m.)
Dr. Loraine Mazzella-Maiolo, MD, FCCP(c)
“Telemedicine allows health care professionals to evaluate, diagnose and treat patients in remote locations using telecommunications technology”



“Aging in a Changing World” (English)

Tuesday, July 28, 2020 (12:00-1:00 p.m.)
Dr. Dolly Dastoor, PhD
“Adding years to our life brings its own challenges, and now we are faced with navigating the challenges of living in a COVID-19 world— but we can adjust to both and make each day an enjoyable day.”

EXERCISE FOR SENIORS



Giuliana Guerriero
1:30– 2:30 P.M.

“Full Body Movement” (English)

Thursday, June 25, 2020

“Strength & Core Training” (English)

Thursday, July 2, 2020

“Stretching and Balance” (English)

Thursday, July 9, 2020

“Cardio Movement” (English)

Thursday, July 16, 2020

“Full Body Movement” (English)

Thursday, July 23, 2020

“Strength & Core Training” (English)

Thursday, July 30, 2020

HOW TO REGISTER FOR THE ZOOM LECTURES?

CLICK ON THE LINK:

<http://CMEV.eventbrite.com>

If you have any questions please email:

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or call 514-761-6131 X 6308

