



Caregiver Burnout: Prevention, Signs, and Finding Support



Beaconsfield Public Library

Thursday, April 11, 2019, 1 p.m.

303 Beaconsfield Boulevard
Buses 211 and 405 from Lionel-Groulx Station



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The demands of caring for a person with Alzheimer's disease or another form of dementia can take an emotional toll.

Join us to learn how to recognize the warning signs of caregiver burnout, how to prevent it, and to discover some sources of support.

Société Alzheimer Society
M O N T R É A L